

TK MADHAVA MEMORIAL COLLEGE

NANGIARKULANGARA

WALK WITH A SCHOLAR PROGRAMME REPORT 2018-2019

Walk With a Scholar (WWS) programme has been designed to arrange specialized mentoring programme for students in Under Graduate Programms in Arts, Science and Commerce to provide guidance for their future career. The scheme introduces the idea of mentoring and builds on the concept of mentor as a “Guide and Friend”. The mentoring scheme for students will be purely voluntary in nature. It will be open for all students entering the first year of the Under Graduate Programmes of study. The scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation; goal-orientation and mental support to identify appropriate areas for higher study as well as future employment. The mentoring scheme is designed to identify the opportunities available for the scholars, the areas suitable for them, and the manner in which the scholar should proceed before them and evolve ways by which they can be acquired.

After the successful consecutive conduct of the programme during the plan periods 2015-16 and 2016-17 respectively, the interest from student community towards the programme was exceptional, and thus our College decided to continue the programme initiated by the Office of the New Initiatives in Higher Education, Directorate of Collegiate Education, Govt. of Kerala, for the plan period 2018-19 as well. Dr. Ratheesh R, Asst. Professor, Department of Physics selected as the coordinator of the programme.

Five mentors assigned to mentees entered into the first year of the programme; namely, Sri. Arun Ravi, Asst. Professor, Department of English, Sri. Vishnu Chandran, Asst. Professor, Department of English, Dr. Arun S Prasad, Asst. Professor, Department of Physics, Ms. Sarsha T S, Asst. Professor, Department of English and Ms. Renjini S, Asst. Professor, Department of Mathematics. Among the five selected internal mentors, Sri. Arun Ravi had been transferred to other college. Therefore, Ms Seena V,

Asst. Professor, Department of Economics selected as new internal mentor for the smooth conduct of the programme in the first year.

Another five mentors, namely, Dr. Preeth M, Asst. Professor, Department of Mathematics, Mr Sathesh kumar S, Asst. Professor, Department of Economics, Mr Saneesh Kumar N, Asst. Professor, Department of Chemistry, Ms Preetha M V, Asst. Professor, Department of Economics and Ms Divya P Bhadran , Asst. Professor, Department of Commerce were selected as mentors for the first year students.

A meeting of First year and Second year UG students arranged separately to make aware of the programme. The scheme and objectives of the programme explained in detail to them. The selection of the students includes the following steps. Application invited from the first year and second year students. A written test and interview was conducted for all applicants. According to the test mark and interview, total of 60 students (30 from first year and 30 from second year) with above 60 % marks secured at higher secondary are selected.(minimum marks were not required for SC/ST students).

On 05-Jan-2019, external mentoring sessions started for first year and second year students. The Principal, Co-ordinator and some of the internal mentors addressed the function. The co-ordinator introduced the detailed schemes and schedules of the programme as well as the needs and benefits of the programme to the students. A 3 hrs (FN) external mentoring session for first year and 2 hrs (AN) external mentoring session for second year on the topic entitled “Career Guidance” was handled by Dr. R Raveendran, UGC Emeritus Professor. In the same day a 3 hrs (FN) external mentoring session for first year and 2 hrs (AN) external mentoring session for second year on the topic entitled “Emotional Quotient” was handled by Maya Susan Jacob.

On 12-Jan-2019 another 5 hrs external mentoring session for first year mentees on the topic entitled Yoga the way of life workshop was handled by the Ms. Chethana S V, Director of Yoga, Yogachethana College of yoga, Mangaluru. In the same day another 5 hrs external mentoring

session for second year mentees on the topic entitled Life skills was handled by Mr. Madhu Mohan, Trainer, MIN Aspirations, Kottayam.

On 24-Jan-2019 a 5 hrs external mentoring session for first year mentees on the topic entitled “Life skills” was handled by Mr. Madhu Mohan, Trainer, MIN Aspirations, Kottayam. The external mentors were invited for different topic for the first year and second year according to the requirements of the students in each year. However, interested students from two year batches of the programme as well as a few of the bright students who are not part of the programme but shows interest to the programme were allowed to sit in the sessions as guests.

On 01-Feb-2019 a 5 hrs external mentoring session for first year mentees on the topic entitled “Sasthra swabhavam Manushya Swabhavam” was handled by Dr Sibi K S, Assistant Professor, Department of Physics, University of Kerala.

On 9-February-2019, a package of Mock interviews and group discussions were conducted exclusively for second year mentees. The classes were engaged by Neetu Mol Taj Corporate communication trainer, B-Gud Academy, Mavelikkara, who handled various aspects of career orientation, Mock test, real time experiences in public centres such as markets, railway stations, Government offices, schools, colleges, channel discussions, public transports etc. External mentor supplied printed notes as well for the benefits of students while appearing for interviews.

On 14-Feb-2019 another 5 hrs external mentoring session for second year mentees on the topic entitled “Yoga the way of life” workshop was handled by the Ms. Chethana S V, Director of Yoga, Yogachethana College of yoga, Mangaluru. On 15-Feb-2019 a 5 hrs external mentoring session for second year mentees on the topic entitled “Sasthra swabhavam Manushya Swabhavam” handled by Dr Sibi K S, Assistant Professor, Department of Physics, University of Kerala. On 23-

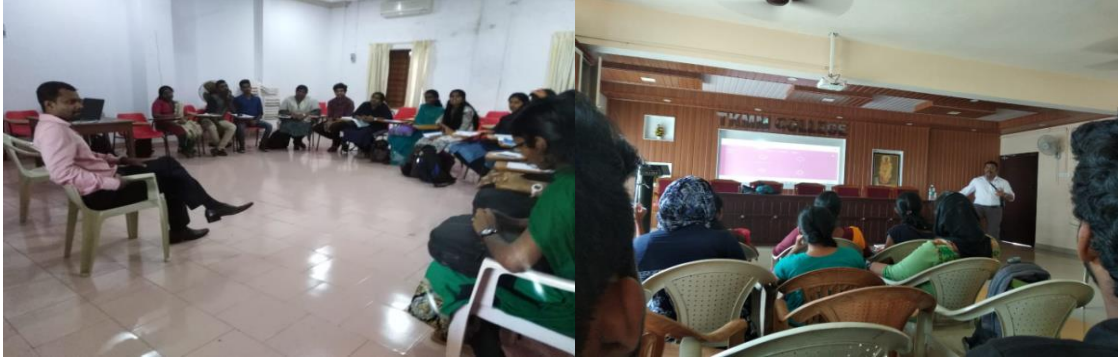
Feb-2019 a 5 hrs external mentoring session for first year mentees on the topic entitled “Emotional Intelligence” was handled by Dr Susan George, Director, RIMS, Pandalam.

The format of Mentees Cumulative Records was distributed to the internal mentors, in order to collect and file the personnel profile of each mentee during the successive internal mentoring sessions. The required stationary kits were also provided. The internal mentoring sessions were carried out at 9 a.m to 10 a.m or 3.45 p.m to 4.45 p.m on working days and sometimes conveniently on Saturdays.

The internal mentoring sessions were mainly focused on to uplift the confidence level of mentees, their attitudes, skill as well. The career aspiration classes, group talks, how to face interviews so and so classes were conducted for second year students. Efforts were initiated to bridge the gap between education and employment. Mentees who had serious family issues were given special considerations and affections to sit for unrelenting discussions to sort out their mind set and attitudes.



EXTERNAL MENTORING SESSION



INTERNAL MENTORING SESSION



Co-Ordinator
(Dr.Ratheesh R)